



SOULPRENEUR SUCCESS CODE

More Sessions, Less Selling!

Module 1 Worksheet:

Use this worksheet with the first **More Sessions, Less Selling!** video training provided.

Take a minute or more to close your eyes, and really imagine having your wonderful program or bundle already created – remember this course will walk you through how to do that – so imagine right now that it's all created. Imagine you've had a dozen or more people go through this program with you, and they love it!

- They love the sessions with you, and the sense of lightness and calm they feel from the energy clearing you do with them
- They love that you've also given them tools and techniques they can use themselves, any time they need to, to handle stress and anxiety better (or whatever issue your program is designed to address) and the sense of empowerment they get from that
- They love the sense of progress they feel over the course of your program, and how they have new ways to tune in to themselves better to see the changes in themselves
- They love the experience of having committed to themselves by signing up for your program, it was more powerful for them than just "trying a session" – and they love that it gave them a sense of achievement to have completed the program!
- Every time they stop and listen to that meditation you created, or use that essential oil blend you came up with for them, they think of you and the difference you've made for them – and they will for months and even years to come as they continue to use them!
- They feel confidence in both you and your program, and they tell their friends and family about it, because it's so easy to talk about a program that really works instead of feeling they have to somehow explain energy healing or coaching and what happens in a session
- They want more from you and are asking if you have another program for them to do, and/or want to continue with more sessions with you

Allow yourself to really imagine all of this, and how it feels for you.

- 1) What are three words to describe how you feel when imagining this as a reality of how you offer your wonderful work and wisdom?

- 2) If there's a concern, thought, or limiting belief that comes up when you think of creating and offering your own program or bundle, please write it down here.

- 3) If you wrote down one or more limiting beliefs, is there anything else you can see this belief is preventing you from doing or having in your life?

- 4) What would you need to believe, about yourself and/or your work, to step into this new vision of offering your own program or bundle?

- 5) What are three benefits you can see for your clients by you offering them the option of doing a program like the one described in the video – a program based on your expertise and what you'd love to offer and share with them?

Ways I can see my clients benefiting from my program :

6) We are going to start creating your program or bundle soon, step by step – what are three words to describe how you feel right now about getting started on your new offering for your clients?

